

# Personal Training



**Catherine, CPT**



**Devin, CPT**

*You are 30% more likely to reach your fitness goals when working with a personal trainer.*

### Rates for Catherine, CPT

30 Minute Session	Member	Non-Member
Individual	\$38	\$48
Group 2/Person	\$21.50	\$28
Group 3/Person	\$16	\$24
Group 4/Person	\$14	\$18.50

45 Minute Session	Member	Non-Member
Individual	\$57	\$67
Group 2/Person	\$32	\$42
Group 3/Person	\$24	\$35
Group 4/Person	\$21	\$27.50

### Rates for Devin, CPT

30 Minute Session	Member	Non-Member
Individual	\$35	\$43
Group 2/Person	\$20	\$26
Group 3/Person	\$15	\$22
Group 4/Person	\$13	\$17

45 Minute Session	Member	Non-Member
Individual	\$53	\$64
Group 2/Person	\$30	\$39
Group 3/Person	\$22.50	\$33
Group 4/Person	\$19.50	\$25.50

**\*\*60 minute sessions are double the price of a 30-Minute Session\*\***



## Personal Training Packages

*(only available for members)  
Each package consists of 8 sessions.*



### Rates for Catherine, CPT

30-Minute Package	\$280
45-Minute Package	\$424
60-Minute Package	\$560

### Rates for Devin, CPT

30-Minute Package	\$260
45-Minute Package	\$394
60-Minute Package	\$520